



Main Office: 7800 S Elati Street, #230 Littleton CO 80120 (303) 426-8757
www.btid.com

Social Media Policy

This document outlines the office policies related to the use of Social Media. Please read it to understand how the clinicians at the Brief Therapy Institute conduct themselves on the internet as mental health professionals and how you can expect us to respond to various interactions that may occur between client and therapist on the internet.

If you have any questions about anything within this document, please bring them up with your counselor. You will be notified in writing of any policy changes made as new technology develops and the internet changes.

FRIENDING

There is a Facebook page for the Brief Therapy Institute of Denver and you are encouraged to visit the page to read articles and keep up with news related to the practice. Friend or contact requests are not accepted from current or former clients on any social networking site (Facebook, LinkedIn, etc). Adding friends can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship.

FOLLOWING

The Brief Therapy Institute of Denver has a Twitter account where psychology news is posted. We follow other health professionals and organizations. We do not follow current or former clients.

INTERACTING

If you need to contact your therapist, the best way to do so is by phone. Ask your therapist if they are comfortable receiving text messages from you. Each therapist has a different policy on this form of communication. Wall postings, @replies or other means of engaging with your therapist on Social Networking sites will not be responded to as this could compromise your confidentiality. It may also create the possibility that these exchanges become part of your medical record and will need to be documented and archived in your chart.

EMAIL

Ideally, email should only be used to arrange and/or modify appointments. Each therapist has a different policy on the use of email, so please discuss this with them at your next session. Email is not completely secure or confidential. You should know that emails received and any responses sent to you become a part of your legal record. Please see our [email consent form](#) for more information.

Thank you for taking the time to review our Social Media Policy. If you have questions or concerns about any of these policies and procedures or regarding our potential interactions on the Internet please bring them to the attention of your therapist.